VITAL LUNCH MENU 1

FATOUSH (VEGAN)

Lettuce, cucumber, pita chips, tomatoes, mint, parsley and green onions. Drizzled with the lemon dressing, garnished with an extra sprinkle of ground sumac black pepper.

FATAYER 'SPINACH PASTRY' (VEGAN)

Stuffed pastry triangels filled with fresh spinach, pomeganate, pomegranate syrup and nuts

MAHSCHY MIX (VEGAN)

Hollowed Aubergine and zucchini stuffed with rice, garlic, saffron and cooked into tomato sauce with onions, pepper and pomegranate dressing

HALAWEH&CHEESE(DESSERTS)

Semolina dough pasted with mozarrella stuffed with ricotta cream and served with sweet rose water syrup and pistachio

VITAL LUNCH MENU 2

RAJAA'S SALAD (VEGAN)

Farmhouse Garden Salad a blend of
fresh, greens, cucumbers, red onions, grape
tomatoes. Served with sesame, hint of lemon
and pomgrana juice.

ORIGINAL HUMMUS (VEGAN)

The tradditional Damaskino Hummus Served with
Baguette and Cherry Tomato

FATTEH MAKDOUS (VEGGIE)

Curry Rice - crunchy flat bread - Grilled
Aubergine, onion, Tomato sauce
pomegranate syrup, with Tahina dressing
and nuts on top

PISTACHIO ROLLS

Layers of pastry sweetened stuffed with pistachio and
served with rose water syrup

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VITAL LUNCH MENU 3

HUMMUS SALAD(VEGAN)

Boiled chickpeas served with fresh tomato, Salad, green pepper ,garlic, sesame, fresh pomgranate, hint of Lemon and Olive Oil.

GREEN BEANS (VEGAN)

Green beans chopped and cooked with fresh tomato, garlic and Olive Oil served with fresh green peppers.

BERIANY (VEGGIE)

Indian rice crowned by fried carrot, peas, onions, champignon, raisin, green pepper and cashew on top

ATTAYEFF

Middle-Eastern Pancakes stuffed with a ricotta cream, sprinkled with crushed pistachios and served with a rose-water simple syrup

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